# Samantha Rocoff

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# Objective

This document has the intention to show you the experiences I have to determine if this opportunity and partnership would be a beneficial match.

## Education

Bachelor of Science | May 2021 | Virginia Commonwealth University

- Major: Psychology and Criminal Justice
- GPA: 3.3
- Related coursework:
- · Lifespan Development
- · Child Psychopathology
- · Childhood Development
- Abnormal Psychology

#### Masters | December 2024 | Regent University

- Major: School Counseling
- GPA: 4.0
- Related coursework:
- Intro to School Counseling
- Program Development for School Counselors
- Human Growth and Development
- Counseling Skills and Techniques
- Group Counseling
- · Career and Lifestyle Development
- Multicultural Counseling
- · Internship
- Practicum

## Volunteer Experience or Leadership

Summer Camp Counseling | Hanover County Parks and Recreation | June 2022- August 2022 For this experience, I was in charge of a small group of elementary school children for 4 days a week. This included leading games, leading group activities, and ensuring the safety and promotion of the emotional and social growth of the children.

## Experience

Assigned Substitute | Laurel Meadow Elementary School | Dec. 12, 2021-May 19<sup>,</sup> 2022

In my experience, I was required to have flexibility and patience. This job would put me in many different positions around the school from gym teacher to fifth grade teacher. This job gave me experience working with many different age groups. I fine-tuned a lot of my skills in working in this position and learned a lot about myself.

**Kindergarten Instructional Aide | Cold Harbor Elementary School | Sept. 6, 2022-June 2023** In this position, I worked closely with teachers to coordinate lesson plans, and group activities, and help with students who needed a bit more assistance in the classroom. I often taught and led lessons for the teachers. I would also fill in for the counselors in the case of absence. This position provided me with a place for growth in education and allowed me to build rapport with a particular set of students.

# Practicum | August 2023-December 2023 | Realign Your Mind Counseling Services During my master's program, I was able to shadow and collaborate with licensed counselors at a private practice. This gave me the experience of treatment planning, collaborating with patients, and working closely with counselors. This gave me the skills to be an effective counselor in times of crisis and need.

#### Internship | January 2024-April 2024 | Cold Harbor Elementary School

This experience allowed me to shadow the school counselor in the elementary setting. I was able to work with my groups, conduct data, and even hold my own classroom guidance lessons. This was beneficial in my learning to familiarize myself with the protocols and expectations of school counselors in Hanover County Public Schools.

#### Summer Camp Supervisor |May 2024-July 2024| Hanover County Parks and Recreation

This experience allowed for me to supervise and lead activities with children in my groups. I interacted with and directed high schoolers who worked under me to provide the children with the best care throughout the day. I created activities and lesson plans to guide the day and interacted with faculty members at the school we were utilizing, fellow supervisors, and parents about their children's needs. This also gave me experience in accommodating lesson plans for those with special needs, including children with autism and ADHD.

#### Internship | August 2024-Present | Mechanicsville High School

In this role, I shadowed and worked closely with the counselors at Mechanicsville High School to ensure that each student received groups, lessons, and individual meetings that met their needs. I collaborated on a first-generation student group in both English and Spanish. I also worked in a group that taught and refreshed students on study skills so that they could work through busy schedules and tough classes. I assisted with clerical tasks such as course and registration verification sheets and paperwork.